

Severe Ulcerative Colitis – Care Bundle

Check List

To be printed out and filed in case notes

Please affix patient's sticker here
(to include name, address, GP,
D.O.B and Hospital No)

<ul style="list-style-type: none"> • Assessment of severity – (severe if 6 or more bloody stools and either temp >37.8, pulse > 90, Hb < 105 ESR >30) 	•
<ul style="list-style-type: none"> • History of travel esp. Asia/Africa/Egypt – consider amoebic infection. 	•
<ul style="list-style-type: none"> • Examination- if abdominal tenderness and guarding/significant bleeding = urgent surgical review. 	•
<ul style="list-style-type: none"> • <u>Tests</u> 	•
<ul style="list-style-type: none"> • AXR – for ?toxic dilatation (daily until clear improvement) 	•
<ul style="list-style-type: none"> • <u>Bloods</u> 	•
<ul style="list-style-type: none"> • FBC, U&E, LFT, CRP (daily for at least 3 days) 	•
<ul style="list-style-type: none"> • Magnesium and lipids (once at admission) 	•
<ul style="list-style-type: none"> • <u>Microbiology</u> 	•
<ul style="list-style-type: none"> • Viral screen (if not done within 1 year) HBV, HCV, HIV, VZ antibodies, EBV antibodies 	•
<ul style="list-style-type: none"> • Stool culture and C.diff Toxin. 	•
<ul style="list-style-type: none"> • <u>Endoscopic assessment</u> – flex sig within 24 hours including biopsy for CMV 	•
<ul style="list-style-type: none"> • <u>Initial Therapy</u> 	•
<ul style="list-style-type: none"> • Hydrocortisone 100mg qds IV 	•
<ul style="list-style-type: none"> • Heparin prophylaxis Clexane 40mg SC daily 	•
<ul style="list-style-type: none"> • Bone prophylaxis -established osteoporosis or > 65 years Bisphosphonate eg alendronic acid 70mg weekly • Under 65 and no osteoporosis –calcium and vitamin D (Adcal D3 2 daily) 	•
<ul style="list-style-type: none"> • PCP prophylaxis – if on triple immunosuppression (e.g. azathioprine, steroids, and ciclosporin) 	•
<ul style="list-style-type: none"> • <u>Referrals</u> – if fulfils severe criteria referral to General/colorectal surgery 	•