

Folic Acid

Indication	Folic acid supplementation in patients who are nutritionally depleted with no enteral route
Dose	5mg ONCE daily
Preparation	Ampoules contain 15mg/ml 1. Draw up 1ml of folic acid injection 2. Dilute to 15ml with sodium chloride 0.9% 3. Discard 10ml (Remainder is 5mg in 5ml)
Administration	Give by slow intravenous injection by a central or peripheral line
Shelf-life	Use immediately
Common Compatibility Issues	Not Applicable as bolus injection
Additional information	When the patient is receiving full rates of NG feed or TPN the prescription can be stopped. Folic acid is only required If the patient is not adequately fed. If the patient is absorbing enterally the preparation should be changed to folic acid syrup or tablets. Folic acid injection is an unlicensed preparation.
Sample Label	Not applicable as a bolus injection.

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Documentation Controls

Development of Guideline:	Pharmacist – Critical Care & Theatres
Consultation with:	Pharmacy Department
Approved By:	ICU Sister's Meeting June 2023 ICU Risk & Quality Meeting: August 2023 Surgical Division
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Key contact:	Pharmacist – Critical Care & Theatres

References

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