

Unwell Patients at King's Lodge Weekends 8.00- 14.00 (Derwent Medical Centre) - Full Clinical Guideline

Reference no.: CG-REHAB/2019/004

1. Introduction

This document is to provide guidance for the management of unwell patients on King's Lodge, Ward 3, FNCH during weekends and Bank Holidays between 08.00 and 14.00.

2. Aim and Purpose

To ensure prompt and safe management of unwell patients.

3. Definitions, Keywords

King's Lodge- Neurorehabilitation Ward at FNCH MAU- Medical Assessment Unit; SAU- Surgical Assessment Unit; NEWS- National Early Warning Score; GCS- Glasgow Coma Scale.

4. Main body of Guidelines

• NEWS ≥ 5, or ≥ 3 in an individual parameter OR

 Nurse concerned that patient is unwell (in physical or behavioural or psychiatric terms)



- Contact GP from Derwent Medical Centre who is on site and inform them of situation and NEWS
- Joint decision of next steps with Derwent Medical Centre GP



- Continue observations as indicated by patient track (NEWS)
- If NEWS score remains ≥ 5 or 3 in one individual parameter and/or there is concern whist waiting for medical review, Nursing staff can contact MAU Medical registrar at RDH for advice, bleep 8081/ mobile 07471 140634 or if surgical, contact SAU registrar on 07385954886



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- Review by Derwent Medical Centre GP to decide whether patient stays or is transferred to RDH
- Decision guided by:
 - Optimum treatment for condition
 - Need for further diagnostic procedures.
 - Stability of patient
 - o Diagnostic uncertainty that requires specialist assessment



If at any point there is clinical concern that the patient requires emergency treatment as soon as possible call 9999 and then inform A&E (87846) about patient. Such instances could be:

- Acutely unwell with NEWS ≥ 5
- Rapid deterioration of clinical condition and/or escalation of NEWS score
- Medical or surgical condition that requires emergency treatment
- Medical review is delayed and staff are concerned about patient's wellbeing or if the patient is unstable
- Falling GCS with possibility of hydrocephalus or intracranial haemorrhage
- If there is need for an urgent CT scan, the route will be via ED

5. References (including any links to NICE Guidance etc.)

6. Documentation Controls

| Development of Guideline: | Maradel Rahman / Dr Margaret Phillips |
|---------------------------|---------------------------------------|
| Consultation with: | Dr Will Elston |
| Approved By: | CDCS Division -August 2023 |
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If requires RDH transfer then GP to liaise with MAU or SAU and bed bureau (89099) and arrange bed and transport.

| Review Date: | September 2026 |
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| Key Contact: | Senior Sister Kings Lodge |