

## **Hypoglycaemia - Appendix post-hypoglycaemia (For Accident & Emergency Department)**

**Guidelines to follow post-hypoglycaemia once a patients glucose level has reached above 4mmols.**

**As stated in the full clinical guidelines, it is important to prevent recurrent hypoglycaemias.**

*Diabetes Medication with Hypoglycaemia cautions -*

- *Sulfonylureas e.g. Gliclazide*
- *Insulin*
- *SGLT2 e.g. Empagliflozin (if in combination with insulin or sulfonylurea)*
- *GLP1 e.g. Semaglutide (if in combination with insulin or sulfonylurea)*

**Once the patient has recovered from a hypoglycaemia event and now glucose levels are greater than 4mmols. If the patient is on the following medication listed above, please consider:**

- 1. For the first two hours monitor every 30minutes.**
- 2. After two hours monitor hourly for two hours.**
- 3. After four hours return to QDS monitor prior to meals and bedtime.**

Ensure appropriate access to food (carbohydrates e.g. pasta, rice, potatoes, bread) and insulin vs meal timing.

Review recent pattern of BG results. (If there is a pattern, please consider reducing preceding dose of medication).

If recurrent hypos refer to the Inpatient DSN Team via ExtraMed/V6.