

PATIENT GROUP DIRECTION (PGD)

Administration of POVIDONE IODINE 5% EYEDROPS
By registered practitioners working at University Hospital of Derby and
Burton

Documentation details

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| Reference no: | UHDB181 |
| Version no: | 1 |
| Valid from: | 12/09/2022 |
| Review date: | 12/03/2025 |
| Expiry date: | 11/09/2025 |

Change history

| Version number | Change details | Date |
|----------------|-----------------|---------|
| 1.0 | New UHDB format | 16/6/22 |
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Glossary

| Abbreviation | Definition |
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1. PGD template development (PGD Working Group)

PGD Working Group Membership (minimum requirement of consultant, pharmacist and a registered professional who can work under a PGD (or manages the staff who do). If this is a review of existing PGD, replace previous names with the individuals involved for this version

| Name | Designation |
|----------------|----------------------------|
| VICKI MEREDITH | SENIOR SISTER, Eye clinic |
| MR. ANIL KUMAR | CONSULTANT OPHTHALMOLOGIST |
| LISA NOCK | PHARMACIST |
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Where an antimicrobial is included, confirm the name, designation and date of the antimicrobial pharmacist who has reviewed this version

| Name of antimicrobial pharmacist | Designation | Date Reviewed |
|----------------------------------|-------------|---------------|
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2. Organisational authorisations

The PGD is not legally valid until it has had the relevant organisational authorisation.

University Hospitals of Derby & Burton NHS Foundation Trust authorises this PGD for use by the services or providers listed below:

| Authorised for use by the following organisation and/or services |
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| All UHDB sites and in clinics operated by UHDB staff at peripheral sites |
| Limitations to authorisation |
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| Organisational Authorisation (legal requirement). | | | |
|---|--------------|------------------------------|------------|
| Role | Name | Sign | Date |
| <i>Medicine safety officer</i> | James Hooley | Signed copy held in Pharmacy | 12/09/2022 |

| Additional signatories (required as per legislation and locally agreed policy) | | | |
|---|----------------|------------------------------|-------------|
| Role | Name | Sign | Date |
| Pharmacist | Lisa Nock | Signed copy held in Pharmacy | 13/07/2022 |
| Consultant Ophthalmologist | James Tildsley | Signed copy held in Pharmacy | 08/09/2022 |
| Senior Sister Outpatients | Vicki Meredith | Signed copy held in Pharmacy | 27/07/2022 |
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Local enquiries regarding the use of this PGD may be directed to UHDB.PGDgovernance@nhs.net

Section 7 provides a registered health professional authorisation sheet. Individual professionals must be authorised by name to work to this PGD.

3. Characteristics of staff

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| Qualifications and professional registration | <p>Qualified NMC Registered Nurses HCPC registered Orthoptist Health care Professional (who can legally operate under PGD and has been assessed as competent)</p> |
| Initial training | <ul style="list-style-type: none"> - Completion of all Essential-to-role training as outlined in the UHDB PGD policy. - Individual has read and understood full content of this PGD and signed authorisation (section 7) - The registered healthcare professional will undertake training and will ensure he/she is competent in all aspects of this treatment |
| Competency assessment | <p>Staff operating under this PGD are encouraged to review their competency using the NICE Competency Framework for health professionals using patient group directions</p> <p>Individuals operating under this PGD are personally responsible for ensuring they remain up to date with the use of all medicines included in the PGD - if any training needs are identified these should be discussed with the either authorising manager (section 7) or the manager within the PGD working group (section 1) so that further training can be provided as required.</p> |
| Ongoing training and competency | <p>Health care professional must complete annual basic life support and anaphylaxis training to administer drugs under this PGD</p> |
| <p><i>The decision to supply any medication rests with the individual registered health professional who must abide by the PGD and any associated organisation policies.</i></p> | |

4. Clinical condition or situation to which this PGD applies

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| Clinical condition or situation to which this PGD applies | Cutaneous peri-ocular and conjunctival antisepsis prior to ocular surgery and intravitreal injection to support infection control. |
| Criteria for inclusion | Patients undergoing ocular injections |
| Criteria for exclusion | <ul style="list-style-type: none"> • Consent not gained • previous local or systemic reactions to the medicine • Known hypersensitivity to the active ingredient or to any component of the product /iodine • Pre- term neonates |
| Cautions including any relevant action to be taken | <p>Ensure emergency drugs and equipment's, including adrenaline are available for the treatment of anaphylaxis and emergencies.</p> <p>Minims Povidone Iodine should be used with caution in patients suffering from thyroid dysfunction and in elderly patients, who are at increased risk of thyroid dysfunction development.</p> <p>Repeated application of povidine iodine to the ocular surface may result in tear film abnormalities or aggravate existing tear film abnormalities. Patients with dry eye syndrome should be monitored for any exacerbation of their condition.</p> |
| Action to be taken if the patient is excluded | <ul style="list-style-type: none"> • Record reasons for exclusion in patient notes • Inform doctor • Advise patient on alternative treatment |
| Action to be taken if the patient or carer declines treatment | <ul style="list-style-type: none"> • Document advice given • Inform Doctor • Advise patient on alternative treatment |
| Arrangements for referral for medical advice | <p>Inform doctor or suitably qualified specialist in ophthalmology. Discuss potential consequences/referral/records to be kept</p> <p>The practitioner is expected to use their own clinical judgment and refer patients to OOHs GP/A&E/minor injury unit/Walk-in centre as they see fit.</p> <p>Provide appropriate details e.g. Eye casualty opening times</p> |

5. Description of treatment

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| Name, strength & formulation of drug | Povidone iodine 5%w/v eye drops single dose units (minims) |
| Legal category | prescription-only medicine (POM). |
| Route / method of administration | Instilled in to the eyes for injection/procedure as per the directions below |

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| Indicate any off-label use (if relevant) | None |
| Dose and frequency of administration | <ul style="list-style-type: none"> • Instill 2 to 3 drops of the solution onto the eye / eyes and leave for two minutes • Allow the solution to spread, by asking the patient to close their eyes and roll their eyes around. • Leave the drops on the eye / eyes for two minutes before rinsing: using a suitable syringe, irrigate the eye / eyes thoroughly with sterile saline 0.9% w/v solution until the characteristic colour of the iodine solution disappears. DO NOT LEAVE THE POVIDINE IODINE IN SITU FOR MORE THAN 2 MINUTES |
| Duration of treatment | Once per procedure |
| Quantity to be supplied (leave blank if PGD is administration ONLY) | n/a |
| Storage | <p>Stock must be securely stored according to UHDB medicines policy and in conditions in line with SPC as detailed below:</p> <p>Store between 2°C and 8°C.</p> <p>Store in the original package to protect from light.</p> <p>The product may be stored without refrigeration at not more than 25°C for up to one month.</p> |
| Drug interactions | <p>The following interactions have been identified and should be considered where it is known a patient is on the following medicines: Concomitant or subsequent use with other antiseptic agents should be avoided, because of the potential for interference (antagonism, inactivation).</p> <p>Special caution is needed in relation to iodine incompatibilities. In particular, do not use at the same time a mercury-based derivative: the combination iodine/mercury-based preservatives must be avoided, due to the risk of caustic compounds formation.</p> <p>Particularly, special care must be taken in relation to the mercurial preservatives used in many ophthalmic preparations.</p> <p>A detailed list of drug interactions is available in the SPC, which is available from the electronic Medicines Compendium website: www.medicines.org.uk</p> |
| Identification & management of adverse reactions | <p>The following side effects are common:</p> <p>The most serious adverse reactions that occur with Minims Povidone Iodine 5% w/v eye drops, solution are</p> |

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| | <ul style="list-style-type: none"> • Hypersensitivity reaction including anaphylaxis. • conjunctival hyperemia, • superficial punctate keratitis, • eye irritation, • superficial punctate epitheliopathy, • keratoconjunctivitis sicca, • residual yellow coloration of the conjunctiva. • Regular and prolonged use increases the risk of toxic levels of iodine and the development of abnormal thyroid function • Contact dermatitis, angioedema, brown colouration of the skin (reversible and transient) <p>A detailed list of adverse reactions is available in the SPC, which is available from the electronic Medicines Compendium website: www.medicines.org.uk</p> |
| <p>Management of and reporting procedure for adverse reactions</p> | <ul style="list-style-type: none"> • Healthcare professionals and patients/carers are encouraged to report suspected adverse reactions to the Medicines and Healthcare products Regulatory Agency (MHRA) using the Yellow Card reporting scheme on: https://yellowcard.mhra.gov.uk • Record all adverse drug reactions (ADRs) in the patient's medical record. • Serious adverse reactions (moderate harm or above as per NRLS definition) should be reported via trust incident management system (e.g. Datix) to ensure duty of candour and learning from harm during clinical use. • Anaphylaxis/Emergency Treatment at Derby and main Queens site: <ul style="list-style-type: none"> • Call the crash team via switchboard • Anaphylaxis/Emergency treatment (at all other sites): <ul style="list-style-type: none"> ➢ Call 999 ➢ Summon help ➢ Maintain airway ➢ CPR ➢ Follow trust resuscitation guidelines |
| <p>Written information to be given to patient or carer</p> | <p>None routinely required for administration in department. May give copy of marketing authorisation holder's patient information leaflet (PIL) which can be obtained from www.medicines.org.uk if required</p> |
| <p>Patient advice / follow up treatment</p> | <ul style="list-style-type: none"> • The individual /carer should be advised to seek medical help in the event of adverse reaction • Verbal information should be given on the reason for drug administration ,action of the drug, side effects and subsequent management |
| <p>Records</p> | <p>Document using the system in place for your clinical area which may include: ePMA; patient notes; Treatment card; Eye casualty card; Ophthalmic care pathway.</p> <p>Either the system holding the record, or the healthcare practitioner working under the PGD, must capture/document all of the following:</p> <ul style="list-style-type: none"> • name of individual, address, date of birth and GP with whom the |

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| | <p>individual is registered (if relevant)</p> <ul style="list-style-type: none"> • name of registered health professional • name of medication supplied/administered • date of supply/administration • dose, form and route of supply/administration • quantity supplied/administered • batch number and expiry date (if applicable e.g. injections and implants) • advice given, including advice given if excluded or declines treatment • details of any adverse drug reactions and actions taken • Confirm whether <u>supplied and/or administered</u> via Patient Group Direction (PGD) <p>Records should be signed and dated (or a password-controlled e-records).</p> <p>All records should be clear, legible and contemporaneous.</p> <p>If you are not recording in ePMA (or other electronic system which has ability to generate audit reports) then a record of all individuals receiving treatment under this PGD should also be in the clinical area for audit purposes as per UHDB PGD policy.</p> |
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6. Key references

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| Key references | <ul style="list-style-type: none"> • Electronic Medicines Compendium http://www.medicines.org.uk/ • Electronic BNF https://bnf.nice.org.uk/ • NICE Medicines practice guideline “Patient Group Directions” https://www.nice.org.uk/guidance/mpg2 |
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7. Registered health professional authorisation sheet

PGD Name [version]: POVIDONE IODINE 5%EYEDROPS [v1]
PGD ref: UHDB181
Valid from: 12/09/2022 **Expiry date:** 11/09/2025

Before signing check that the document you have read is published on Koha or is an in-date hard-copy with all necessary authorisations signed in section 2. The Name/Version/Ref of the document you have read MUST match this authorisation form.

Registered health professional

By signing this patient group direction you are indicating that

- a) You agree to and understand all content and commit to only work within this framework.
- b) You have completed any core PGD e-Learning or training records on My Learning Passport or within your department.
- c) You meet the staff characteristics and have completed any additional learning/competency outlined in Section 3 of this PGD.

Patient group directions do not remove inherent professional obligations or accountability.

It is the responsibility of each professional to practise only within the bounds of their own competence and professional code of conduct.

| I confirm that I have read and understood the content of this Patient Group Direction and that I am willing and competent to work to it within my professional code of conduct. | | | |
|---|-------------|-----------|------|
| Name | Designation | Signature | Date |
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Authorising manager / Assessor

| I confirm that the registered health professionals named above have declared themselves suitably trained and competent to work under this PGD. I give authorisation on behalf of University Hospitals of Derby & Burton NHS Foundation Trust for the above named health care professionals who have signed the PGD to work under it. | | | |
|--|-------------|-----------|------|
| Name | Designation | Signature | Date |
| | | | |

Note to authorising manager

Score through unused rows in the list of registered health professionals to prevent additions post managerial authorisation.

This authorisation sheet must be retained by a manager in the clinical department where the PGD is in-use to serve as a record of those registered health professionals authorised to work under this PGD.

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