

# Unwell Patients at King's Lodge 18.30-08.30 (DHU) - Full Clinical Guideline

Reference no.: CG-REHAB/2019/003

#### 1. Introduction

This document is to provide guidance for the management of unwell patients on King's Lodge, Ward 3, FNCH between 18.30 and 08.30.

#### 2. Aim and Purpose

To ensure prompt and safe management of unwell patients.

# 3. Definitions, Keywords

King's Lodge- Neurological Rehabilitation Ward at FNCH MAU- Medical Assessment Unit; SAU- Surgical Assessment Unit; NEWS- National Early Warning Score; GCS- Glasgow Coma Scale. DHU- Derbyshire Health United.

## 4. Main body of Guidelines

• NEWS ≥ 5, or ≥ 3 in an individual parameter

OR

 Nurse concerned that patient is unwell (in physical or behavioural or psychiatric terms)



 Call DHU on 08444 122235 and inform them of situation and NEWS (see flow diagram in clinic room)



- Continue observations as indicated by patient track (NEWS)
- If NEWS score remains ≥ 5 or 3 in one individual parameter and/or there is concern whist waiting for DHU, Nursing staff can contact MAU Medical registrar at RDH for advice, bleep 8081 mobile 07471 140634 or, if surgical, contact SAU registrar on 07385 954886



- Review by DHU to decide whether patient stays or is transferred to RDH
- Decision guided by:
  - Optimum treatment for condition
  - Need for further diagnostic procedures
  - Stability of patient
  - Diagnostic uncertainly that requires specialist assessment



- If requires RDH transfer then DHU to liaise with MAU or SAU registrar and bed bureau (89099) to arrange bed and transport.
- If there is a transport delay, staff are advised to contact bed bureau and then the site manager.



If at any point the patient requires emergency treatment call 9 999 and then inform A&E 9 (01332) 787846 about patient. Such instances could be:

- Acutely unwell with NEWS ≥ 5
- Rapid deterioration of clinical condition and/or escalation of NEWS score
- Medical or surgical condition that requires emergency treatment
- DHU review is delayed and staff are concerned about patient's wellbeing or if the patient is unstable
- Falling GCS with possibility of hydrocephalus or intracranial haemorrhage
- If there is need for an urgent CT scan the route will be via ED

## 5. References (including any links to NICE Guidance etc.)

#### 6. Documentation Controls

Development of Guideline:	Maradel Rahman / Dr Margaret Phillips
Consultation with:	Dr Will Elston
Approved By:	CDCS Division -August 2023
Review Date:	September 2026
Key Contact:	Senior Sister Kings Lodge