

Hospital Alcohol Liaison Team - Full Clinical Guideline

Reference no.: CG-T/2013/189

The Liaison team incorporates drug and alcohol liaison as well as mental health services within the hospital. The team offers a 24/7 service using the RAID principles (Rapid, Assessment, Intervention and Discharge).

The team aim to pro-actively seek patients who would benefit from in-direct, direct consultation and intervention regarding their alcohol use, substance misuse and/or mental health. The team will see patients in hospital to offer support to the patient and to advice clinicians regarding management. If a patient agrees to community follow up the team will arrange this support with community services ready for discharge from hospital to try and ensure a timely transition. A member of the team aims to be on ward 304 every day to establish whether there are any patients that need to be seen.

Referral to the alcohol liaison team is via the whiteboard. To discuss a patient that may benefit from seeing the team contact ext 87780. The team will need consent from the patient to see them.

Contact email addresses of specific team members (not to be used for referrals)

Dr Kripa Chakravarthy – Consultant Psychiatrist Liaison Team:

Kripa.Chakravarthy@derbyshcft.nhs.uk

Denise Garton (Clinical Lead – Alcohol and Substance Misuse):

Denise.garton@derbyshcft.nhs.uk

Lesley Fitzpatrick (Service Lead) Lesleyfitzpatrick@nhs.net

The Liaison Team outpatient clinic slots on Tuesday afternoons within the Hepatology Clinic. Hepatology inpatients can be directly booked onto available slots if a doctor feels continued support from Liaison would be beneficial when the patient has been discharged but is being seen in clinic by a doctor. **Clinic code: HPANS**

The Liaison Team will also accept referrals for Hepatology outpatients who are attending clinic on a Tuesday. These patients will be seen that same afternoon by the team.

Community Services

Derby City:

Aquarius: Single point of entry for all alcohol referrals tel 0300 7900265 option 3

Support for families affected by **Aquarius Family Support – 0300 7900265 option 3**

Homeless assessments:

Derby Council House – Mon-Fri 9am-4pm

Out of hours - Milestone House, Green Lane Derby Tel 642151. It also has a hostel.

Patients must present at 8pm. No guarantee of emergency bed.

Derbyshire County:

Derbyshire Recovery Partnership– Single point of entry for all referrals tel 0845 3084010

Support for families – Community Reinforcement and Family Training (CRAFT 0845 3084010)

Patient Self Referral

If a patient wants to self refer to alcohol support on discharge and they live in:

Derby City: Aquarius - 0300 7900265

Derbyshire: Derbyshire Recovery Partnership 0845 3084010

Treatment

Chlordiazepoxide reducing regime is initiated on admission to hospital in alcohol dependent patients, alongside Pabrinex (see guidance on management of alcohol withdrawal). Chlordiazepoxide can be continued in the community under certain conditions and if the Liaison Team feel this is appropriate.

Medications used in community teams for assistance with maintaining abstinence:

Baclofen - licensed as a muscle relaxant but trials show efficacy in reducing cravings, anxiety and feelings of tenseness. Baclofen 5mg tds, increased to 10mg tds after 3 days if tolerated. Note this is an off-license and should only be initiated after discussion with the patients consultant.

Acamprosate - licensed for maintenance of abstinence in alcohol dependence. Initiate as soon as possible after abstinence is achieved. Dose: 666mg tds in patients over 60kg; 666mg at breakfast, 333mg at midday and night in those under 60kg. Recommended treatment period is 1 year. Some GP'S not happy to continue prescribing; specialist community team involvement may be required.

Disulfiram (Antabuse) – requires specialist supervision, 800mg initial dose, reducing to maintenance dose of 100-200mg daily. All alcohol related products must be avoided completely and once more, specialist community team supervision is required.

Documentation Controls

Development of Guideline:	Denise Garton
Consultation with:	Hepatology consultant and specialist nurse team
Approved By:	Hepatology - November 2018 Medical Division - 15/11/18
Review Date:	December 2021
Key Contact:	Dr Adam Lawson