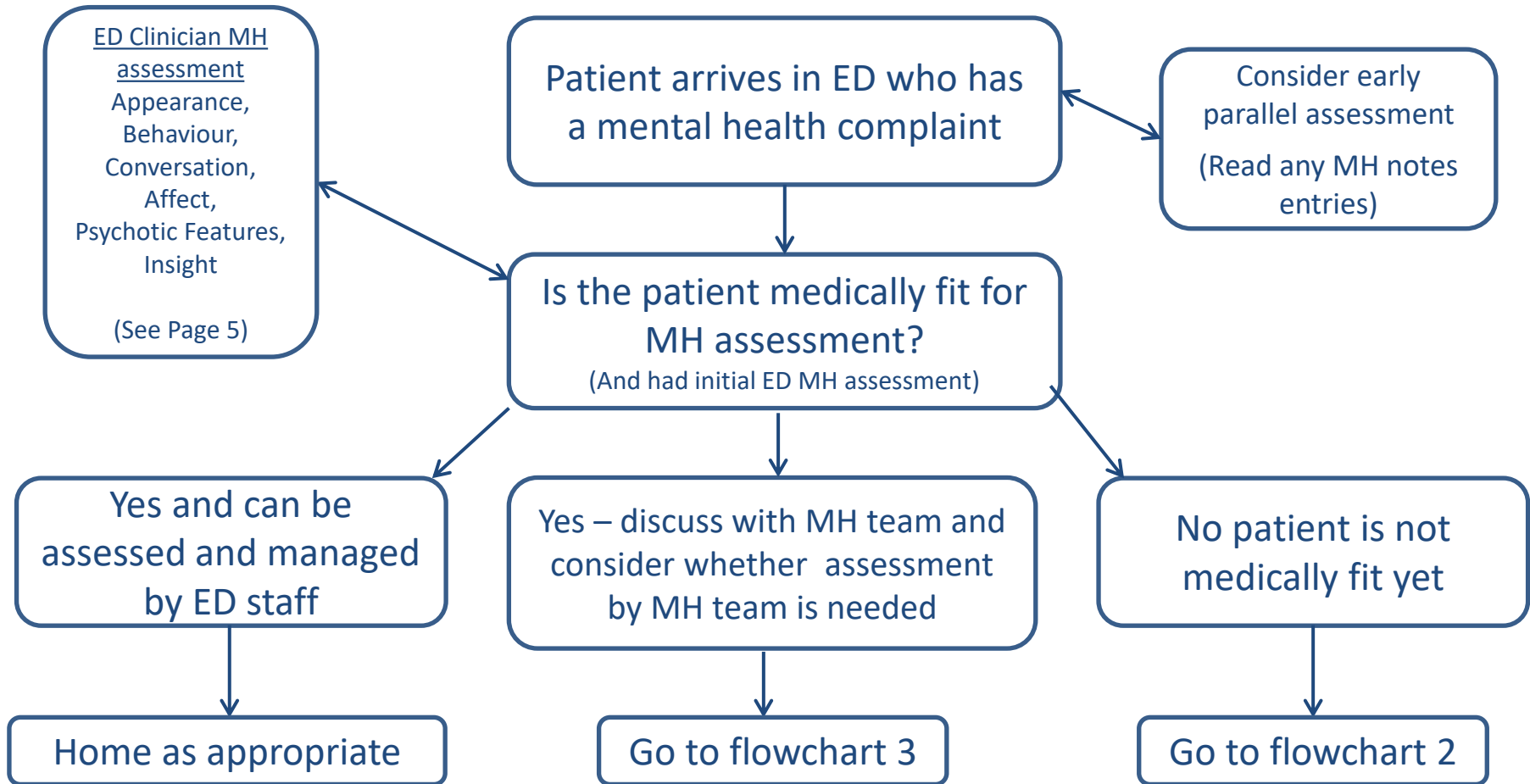


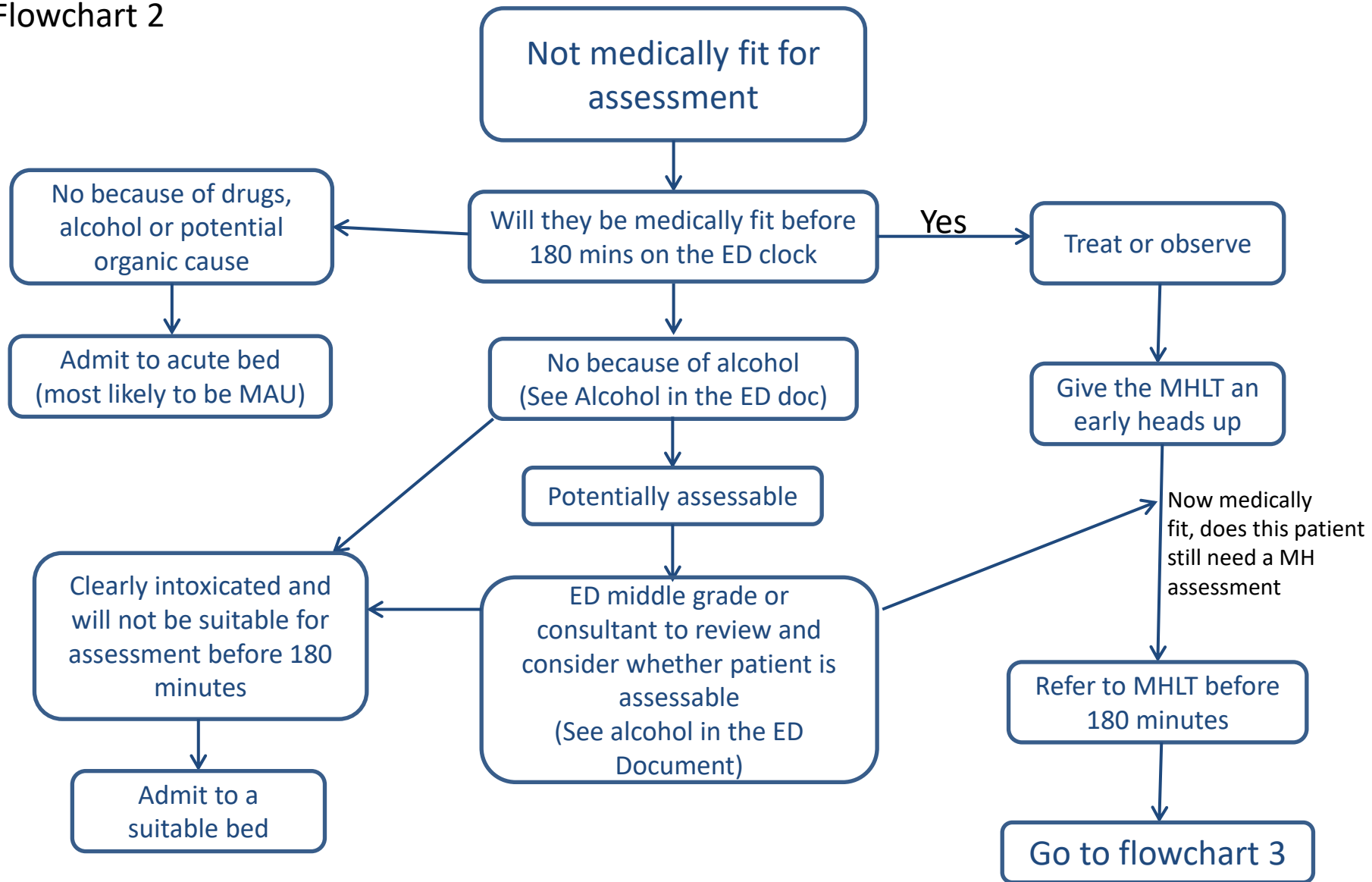
**Mental Health Assessment - ED - Full Clinical Guideline (Derby Sites Only)**

Ref No.: CG-EMD/2023/012

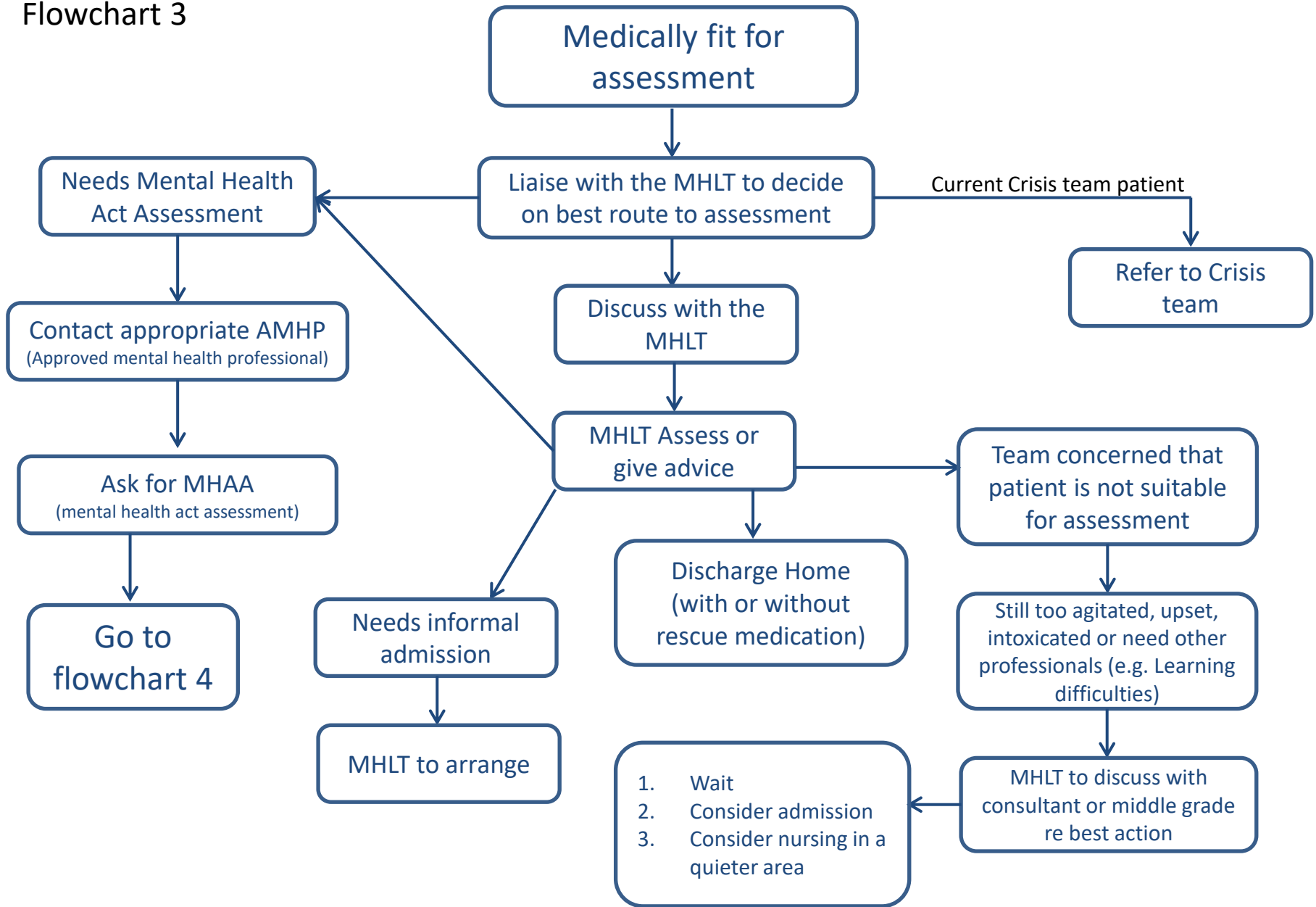
Patients with a mental health complaint make up approximately 5% of Emergency Department patients. It is important to get their pathway of assessment correct



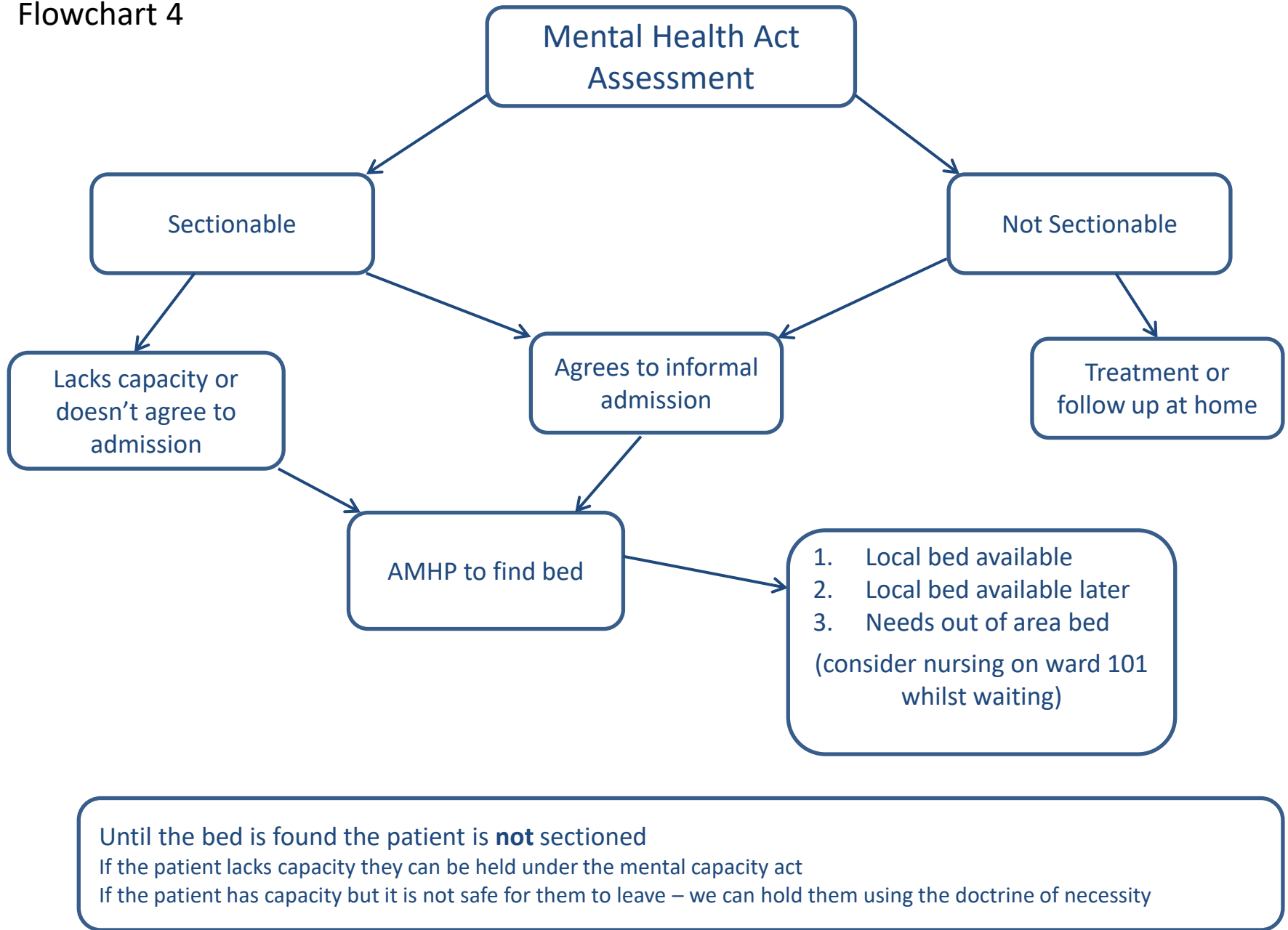
## Flowchart 2



# Flowchart 3



Flowchart 4



## Questions you may want to consider before referral to the MH team

- What has happened today?
- Have you seen your GP?
- Are you feeling suicidal?
  - Is there a trigger?
  - Do you have on-going thoughts?
  - Have you made preparations or plans?
- Are you open to MH services?
  - Crisis team/Substance misuse/Alcohol services
  - Do you have a CPN/Care team?

Have you done a Mental State Examination?

(Appearance, Behaviour, Conversation, Affect, Psychotic features and insight)

**Ensure you are clear whether you are asking for information/advice or making a referral, when you speak to the MH team.**

## Manager's Checklist

If there is a patient in ED (or on the ED clock) who has either been in the department over 4 hours or is predicted to be here as a long stay – then consider.

1. Has a mental health assessment taken place?
2. Is a Mental Health Act assessment awaited? - liaise with NIC to predict timing
3. Does the patient have capacity - has the paperwork been completed?
4. Has a MH Act assessment taken place? – What is the outcome?
5. Is the patient awaiting a bed?
6. What is the time of decision to admit?
7. When is a bed likely to be available? – is it local or out of area?
8. Does the patient need nursing out of ED?
9. Does the patient require a 1:1 – How is this being provided?
10. If the patient wants to leave – can they?
11. Can we hold under a section, the capacity act or doctrine of necessity?
12. Has all the appropriate paperwork been done?

## Documentation Controls

Development of Guideline:	Dr Peter Cull
Consultation with:	ED Senior Team
Approved By:	ED/Mental Health Meeting – Oct 23 Medical Division – November 2023
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Key Contact:	Dr Peter Cull
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