

Gastro Intestinal Haemorrhage (Upper) in Adults- Care Bundle

Reference No: CG-T/2013/043
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RECOGNITION	If reported: Haematemesis, melaena or coffee ground vomiting	
↓	Trigger bundle and record if performed	Y/ N/ NA
RESUSCITATION	Perform & record NEWS	<input type="checkbox"/>
	Commence IV crystalloid	<input type="checkbox"/>
	Transfuse if Hb <70g/L, aim 70-100g/L	<input type="checkbox"/>
↓	Calculate Glasgow-Blatchford score (GBS) enter value	<input type="checkbox"/>
RISK ASSESSMENT	<ul style="list-style-type: none"> • Consider discharge if 0 or 1 	
↓	Continue aspirin	<input type="checkbox"/>
	Suspend all anti-thrombotics	<input type="checkbox"/>
R_x (Treatment)	If cirrhosis/suspected variceal bleed; give terlipressin & antibiotics	
	<ul style="list-style-type: none"> • give terlipressin 2mg QDS • Antibiotics: co-amoxiclav 1.2g TDS 	<input type="checkbox"/>
↓	Referral for endoscopy to be undertaken within 24h of presentation	
REFER	Completed on ICM	<input type="checkbox"/>
	Consent form completed	<input type="checkbox"/>
↓	Referral to GI specialist if varices or requiring therapeutic endoscopy	<input type="checkbox"/>
REVIEW	Review endoscopy report	<input type="checkbox"/>
	PPI if high risk ulcer post endoscopy	<input type="checkbox"/>
	<ul style="list-style-type: none"> • Omeprazole 40mg QDS IV • Review PO switch PPI after 1st dose – 40mg QDS 	<input type="checkbox"/>
	Document plan for restarting antithrombotics	<input type="checkbox"/>

Haemodynamic instability? Think Major Haemorrhage Protocol +/- critical care review