

## PATIENT GROUP DIRECTION (PGD)

**Administration of Bisacodyl suppositories  
By Registered Nurses in Ward 3 (Kings Lodge)at FNCH**

### Documentation details

Reference no:	UHDB061
Version no:	1
Valid from:	21/04/2022
Review date:	21/10/2024
Expiry date:	20/04/2025

### Change history

Version number	Change details	Date
1.	New template	February 2022

### Glossary

Abbreviation	Definition

## 1. PGD template development (PGD Working Group)

**PGD Working Group Membership (minimum requirement of consultant, pharmacist and a registered professional who can work under a PGD, or manages the staff who do). If this is a review of existing PGD, replace previous names with the individuals involved for this version**

Name	Designation
Dr Uditha Jayatunga	Rehabilitation Consultant
Maradel Rahman	Senior Sister
Colin Ward	Lead Pharmacist, Cancer, Diagnostics and Clinical Support

Where an antimicrobial is included, confirm the name, designation and date of the antimicrobial pharmacist who has reviewed this version

Name of antimicrobial pharmacist	Designation	Date Reviewed
n/a	n/a	n/a

## 2. Organisational authorisations

The PGD is not legally valid until it has had the relevant organisational authorisation.

**University Hospitals of Derby & Burton NHS Foundation Trust** authorises this PGD for use by the services or providers listed below:

Authorised for use by the following organisation and/or services
Ward 3 (Kings Lodge) Florence Nightingale Community Hospital
Limitations to authorisation
This organisation does not authorise the use of this PGD by staff not employed by UHDB

Organisational Authorisation (legal requirement).			
Role	Name	Sign	Date
Medicines Safety Officer  <i>Pharmacist: Medicines Safety Officer, Chief Pharmacist or assigned deputies)</i>	James Hooley	<b>Signed copy held by Pharmacy</b>	<b>21/04/2022</b>

<b>Additional signatories (required as per legislation and locally agreed policy)</b>			
<b>Role</b>	<b>Name</b>	<b>Sign</b>	<b>Date</b>
Lead Pharmacist, Cancer, Diagnostics and Clinical Support	Colin Ward	Signed copy held by Pharmacy	07/04/2022
Rehabilitation Consultant <i>Doctor</i>	Dr Uditha Jayatunga	<b>Signed copy held by Pharmacy</b>	<b>06/04/2022</b>
Senior Sister <i>Registered Professional representing users of the PGD</i>	Maradel Rahman	<b>Signed copy held by Pharmacy</b>	<b>06/04/2022</b>

Local enquiries regarding the use of this PGD may be directed to [UHDB.PGDgovernance@nhs.net](mailto:UHDB.PGDgovernance@nhs.net)  
Section 7 provides a registered health professional authorisation sheet. Individual professionals must be authorised by name to work to this PGD.

### 3. Characteristics of staff

<b>Qualifications and professional registration</b>	Registered Nurse with a current NMC registration
<b>Initial training</b>	<ul style="list-style-type: none"> <li>- Completion of all Essential-to-role training as outlined in the UHDB PGD policy.</li> <li>- Individual has read and understood full content of this PGD and signed authorisation (section 7)</li> <li>- Completion of Medicines Management Drug Assessment</li> </ul>
<b>Competency assessment</b>	<p>Staff operating under this PGD are encouraged to review their competency using the <a href="#">NICE Competency Framework for health professionals using patient group directions</a></p> <p>Individuals operating under this PGD are personally responsible for ensuring they remain up to date with the use of all medicines included in the PGD - if any training needs are identified these should be discussed with either authorising manager (section 7) or the manager within the PGD working group (section 1) so that further training can be provided as required.</p>
<b>Ongoing training and competency</b>	<p>Annual Medicines Safety Training (essential to role)</p> <p>Review/repeat initial training above when this PGD is revised</p>
<p><b><i>The decision to supply any medication rests with the individual registered health professional who must abide by the PGD and any associated organisation policies.</i></b></p>	

#### 4. Clinical condition or situation to which this PGD applies

<b>Clinical condition or situation to which this PGD applies</b>	Constipation for more than 3 days
<b>Criteria for inclusion</b>	<ul style="list-style-type: none"> <li>• See constipation guidelines</li> <li>• Patients over 16 years presenting with the above symptoms</li> </ul>
<b>Criteria for exclusion</b>	<ul style="list-style-type: none"> <li>• Previous sensitivity or intolerance to the drug or any ingredient</li> <li>• A blocked bowel/obstruction</li> <li>• Abdominal problem</li> <li>• Cracks in the wall or ulceration of the back passage</li> <li>• Ulcerated haemorrhoids</li> <li>• Inflammatory bowel disease</li> <li>• Rectal bleeding</li> <li>• Recent bowel surgery</li> <li>• Pregnancy/breast feeding</li> <li>• Patients under 16 years old</li> <li>• Severe dehydration</li> <li>• Ileus, intestinal obstruction, acute abdominal conditions including appendicitis, acute inflammatory bowel diseases, and severe abdominal pain associated with nausea and vomiting which may be indicative of the aforementioned severe conditions</li> <li>• anal fissures or ulcerative proctitis with mucosal damage are present</li> <li>• Informal consent not given by patient.</li> </ul>
<b>Cautions including any relevant action to be taken</b>	If any of above exclusions are present, to discuss with the medical team.
<b>Action to be taken if the patient is excluded</b>	<ul style="list-style-type: none"> <li>• Record reasons for exclusion in patient notes</li> <li>• Advise patient on alternative treatment</li> </ul>
<b>Action to be taken if the patient or carer declines treatment</b>	<ul style="list-style-type: none"> <li>• Document advice given</li> <li>• Advise patient on alternative treatment</li> </ul>
<b>Arrangements for referral for medical advice</b>	Not applicable - inpatient use only

#### 5. Description of treatment

<b>Name, strength &amp; formulation of drug</b>	Bisacodyl 10mg Suppository Bisacodyl 5mg suppository
<b>Legal category</b>	P

<b>Route / method of administration</b>	Rectal
<b>Indicate any off-label use (if relevant)</b>	
<b>Dose and frequency of administration</b>	Insert ONE (10mg) suppository or TWO (5mg) suppositories into the rectum in the morning
<b>Duration of treatment</b>	Maximum of ONE 10mg dose only to be given without a prescription
<b>Quantity to be supplied (leave blank if PGD is administration ONLY)</b>	<i>n/a</i>
<b>Storage</b>	Stock must be securely stored according to UHDB medicines policy and in conditions in line with SPC (i.e. Store in a dry place below 25°C and away from direct light.)
<b>Drug interactions</b>	A detailed list of drug interactions is available in the SPC, which is available from the electronic Medicines Compendium website: <a href="http://www.medicines.org.uk">www.medicines.org.uk</a>
<b>Adverse reactions</b>	<p>The following side effects are common:</p> <ul style="list-style-type: none"> <li>• abdominal cramps</li> <li>• abdominal pain</li> <li>• diarrhoea</li> <li>• nausea.</li> </ul> <p>A detailed list of adverse reactions is available in the SPC, which is available from the electronic Medicines Compendium website: <a href="http://www.medicines.org.uk">www.medicines.org.uk</a></p>
<b>Management of and reporting procedure for adverse reactions</b>	<ul style="list-style-type: none"> <li>• Healthcare professionals and patients/carers are encouraged to report suspected adverse reactions to the Medicines and Healthcare products Regulatory Agency (MHRA) using the Yellow Card reporting scheme on: <a href="https://yellowcard.mhra.gov.uk">https://yellowcard.mhra.gov.uk</a></li> <li>• Record all adverse drug reactions (ADRs) in the patient's medical record.</li> <li>• Serious adverse reactions (moderate harm or above as per NRLS definition) should be reported via trust incident management system (e.g. Datix) to ensure duty of candour and learning from harm during clinical use.</li> </ul>
<b>Written information to be given to patient or carer</b>	Give marketing authorisation holder's patient information leaflet (PIL) provided with the product.
<b>Patient advice / follow up treatment</b>	<p>The suppository should be removed from foil or plastic packaging before insertion</p> <p>Act in 20 – 60 minutes; may cause local irritation;</p> <p>Nursing staff should be informed when bowel movements occur</p> <p>The patient should also be encouraged to take a minimum of 30mls of fluid per kilogram of body weight per day unless medically contra indicated. Monitor for sensitivity reactions</p> <p>Verbal advice on why drug administered, action of the drug and subsequent management of condition.</p>

	Check for bowel motion.
<b>Records</b>	<p>Either the system holding the record, or the healthcare practitioner working under the PGD, must capture/document all of the following:</p> <ul style="list-style-type: none"> <li>• name of individual, address, date of birth and GP with whom the individual is registered (if relevant)</li> <li>• name of registered health professional</li> <li>• name of medication supplied/administered</li> <li>• date of supply/administration</li> <li>• dose, form and route of supply/administration</li> <li>• quantity supplied/administered</li> <li>• batch number and expiry date (if applicable e.g. injections and implants)</li> <li>• advice given, including advice given if excluded or declines treatment</li> <li>• details of any adverse drug reactions and actions taken</li> <li>• Confirm whether <u>supplied and/or administered</u> and that this was done via Patient Group Direction (PGD)</li> </ul> <p>Records should be signed and dated (or a password controlled e-records). All records should be clear, legible and contemporaneous.</p> <p>If you are not recording in ePMA (or other electronic system which has ability to generate audit reports) then a record of all individuals receiving treatment under this PGD should also be in the clinical area for audit purposes as per UHDB PGD policy.</p>

## 6. Key references

<b>Key references</b>	<ul style="list-style-type: none"> <li>• Electronic Medicines Compendium <a href="http://www.medicines.org.uk/">http://www.medicines.org.uk/</a></li> <li>• Electronic BNF <a href="https://bnf.nice.org.uk/">https://bnf.nice.org.uk/</a></li> <li>• NICE Medicines practice guideline “Patient Group Directions” <a href="https://www.nice.org.uk/guidance/mpg2">https://www.nice.org.uk/guidance/mpg2</a></li> <li>• <a href="https://medusa.wales.nhs.uk">https://medusa.wales.nhs.uk</a></li> </ul>
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## 7. Registered health professional authorisation sheet

**PGD Name [version]: FNCH – Ward 3 - Bisacodyl Suppositories [v1]**

**PGD ref: UHDB061**

**Valid from: 21/04/2022 Expiry date: 20/04/2025**

Before signing check that the document you have read is published on Koha or is an in-date hard-copy with all necessary authorisations signed in section 2. The Name/Version/Ref of the document you have read MUST match this authorisation form.

### Registered health professional

By signing this patient group direction you are indicating that

- You agree to and understand all content and commit to only work within this framework.
- You have completed any core PGD e-Learning or training records on My Learning Passport or within your department.
- You meet the staff characteristics and have completed any additional learning/competency outlined in Section 3 of this PGD.

Patient group directions do not remove inherent professional obligations or accountability.

It is the responsibility of each professional to practise only within the bounds of their own competence and professional code of conduct.

**I confirm that I have read and understood the content of this Patient Group Direction and that I am willing and competent to work to it within my professional code of conduct.**

Name	Designation	Signature	Date

### Authorising manager / Assessor

**I confirm that the registered health professionals named above have declared themselves suitably trained and competent to work under this PGD. I give authorisation on behalf of University Hospitals of Derby & Burton NHS Foundation Trust for the above named health care professionals who have signed the PGD to work under it.**

Name	Designation	Signature	Date

### Note to authorising manager

Score through unused rows in the list of registered health professionals to prevent additions post managerial authorisation.

This authorisation sheet must be retained by a manager in the clinical department where the PGD is in-use to serve as a record of those registered health professionals authorised to work under this PGD.