

Faecal Microbiota Transplant (FMT) for Recurrent or Refractory *Clostridium difficile* Infection - Summary Clinical Guideline

Reference no.: CG-GASTRO/2023/005

1. Patient identified as having recurrent or refractory *Clostridium difficile* infection
2. Patient appropriate for FMT (suitable for NGT insertion and able to give consent/best interests paperwork completed)
3. Sample for FMT from UoBMTC requested using request form and order form (Appendices 1&2) and delivery date arranged
4. Patient receives 4 days of antibiotics for CDI prior to FMT
5. CDI antibiotics stopped on the evening before treatment
6. NGT placed according to UHDB guidelines
7. FMT aliquot delivered to named staff member by Blood Bike or other courier
8. 6 hours prior to FMT - patient nil by mouth
9. 2 hours prior to FMT
 - a. Omeprazole 20mg po
 - b. Domperidone 10mg po
10. Clinician (staff nurse or doctor) satisfied that FMT is fully defrosted at room temperature and that FMT will be delivered before expiration time
11. Transfer the FMT to an enteral syringe
12. Administer 50ml FMT into the stomach over 2-3 minutes
13. Flush the NGT with 30ml saline
14. 1 hour after the procedure
 - a. Remove the NGT
 - b. Allow the patient to eat and drink
15. Document the procedure and treatment in the patient's clinical notes with the validation certificate and valid consent