

## Enhanced Recovery Drug Regime for TSR

*(Please use correct order set on Lorenzo < 75yrs or >75yr/Frail/Renal Failure order set.)*

### Premed

Paracetamol 1-2g  
Gabapentin 100-300mg  
+/- Ibuprofen 800mg MR *(if not contraindicated)*  
+/- Oxycontin (MR) 5-10mg

### Cautions

Please adjust regime according to patient and contraindications.  
Use lower doses if frail, >75yrs, eGFR 20-40 or combination of BMI>30 and NIDDM.  
Omit oxycontin if GFR<20 and start oramorph QDS from Day 0 instead

### Post-op

Paracetamol 1g QDS  
+/- NSAID +/- PPI *(if not contraindicated)*  
Gabapentin 100-300mg BD *(Max 5 days)*

Ondansetron 4mg BD  
Sodium Docusate 200mg BD  
Senna 2 at night  
PRN Cyclizine S/C (omit in >75yrs or frail) or buccal Prochlorperazine, and IV ondansetron

*Please prescribe Antibiotics and Aspirin/Enoxaparin*

## TSR

**Oxycontin PO 5/10mg** first evening only (Day 0)  
then  
**Tramadol PO 50-100mg** QDS from Day 1 morning

**PRN Morphine S/C 5-10mg** APP  
Reduce to 2.5-5mg 2-4hrly in >75yrs

**PRN Oramorph PO 10-20mg** APP  
Reduce to 5-10mg 2-4 hrly in >75yrs

## eGFR<20 or frail

**Oramorph 5-10mg**

**PRN Morphine S/C** Reduce to 2.5-5mg 2-4 hrly in >75yrs, frail or eGFR<30