

DERBY TEACHING HOSPITALS NHS FOUNDATION TRUST

**High Output
Stoma – Care
Bundle Checklist**

Please affix patient's
addressograph sticker

Date of Surgery			
Diagnosis			
Anatomy: e.g end ileostomy, loop ileostomy, length of small bowel to stoma			
Stoma output in 24 hours			Date
Premorbid weight			Date
Urine output in 24 hours			Date
Urine output ml/kg			Date
Urine sodium			Date
Stoma effluent for M,C&S and c. diff		Result	Date
Current: Date:	Na	Baseline: Date:	Na
	K		K
	Urea		Urea
	Creat		Creat
	Mg		Mg
	CRP		CRP
Loperamide upto 8mg qds 30-60 min before meals and last thing at night (open capsules, sprinkle on food)		Date started	
Codeine Phosphate up to 60 mg 30-60 mins before meals, and last thing at night		Date started	
Omeprazole 40mg od-bd		Date started	
Magnesium supplement		Date started	
Vitamin D status			
Low residue diet		Date started	
Referrals if necessary	Stoma nurse	Date referred	
	Dietitian	Date referred	
	Nutrition Team	Date referred	
	Colorectal surgeon	Date referred	

Form Completed by
Name _____ Print _____ Sign _____ Designation Date _____