

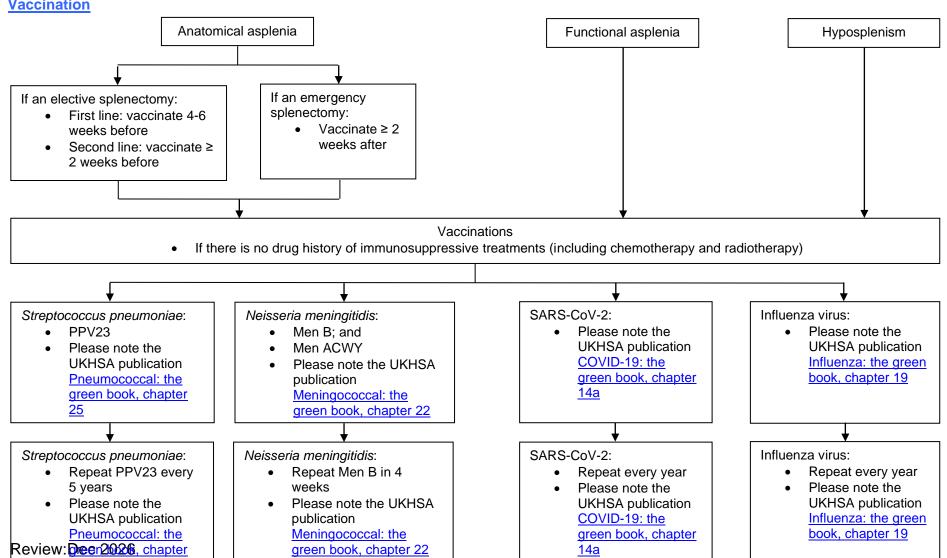
Impaired Splenic Function in Adults; Prevention of Infection - Microbiology Summary Clinical Guideline

Reference number: CG-ANTI/2023/012

Patient education

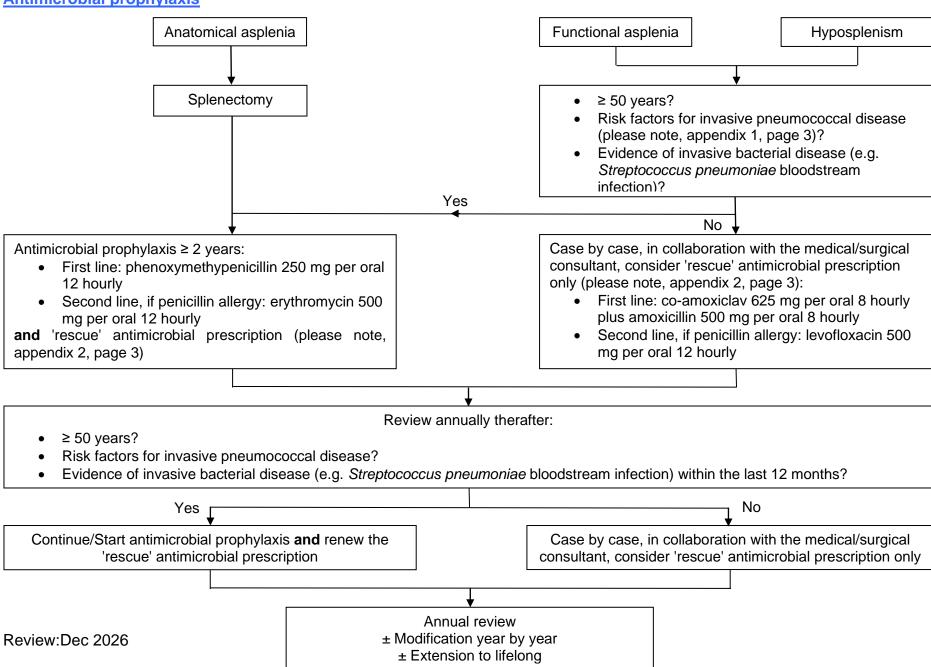
• Information for patients with an absent or dysfunctional spleen • Splenectomy: patient record card • Travel health advice • Information on the spleen

Vaccination





Antimicrobial prophylaxis





<u>Appendix 1: risk factors for invasive pneumococcal</u> disease

- Invasive pneumococcal disease is associated with an eclectic array of risk factors including:
 - Past medical history:
 - Chronic pulmonary disease (e.g. asthma, chronic obstructive pulmonary disease).
 - Chronic cardiovascular disease (e.g. cardiomyopathy, heart failure); immunodeficiency (e.g. haematological malignancy, hematopoietic cell transplant, solid organ transplant, human immunodeficiency virus).
 - Chronic renal failure.
 - Chronic liver disease (e.g. cirrhosis); inflammatory bowel disease.
 - Diabetes mellitus.
 - Drug history:
 - Glucocorticoids.
 - Social history:
 - Alcohol abuse; cigarettes; crack cocaine use; opioid use.

Appendix 2: 'rescue' antimicrobial prescriptions

- Noting that antibiotic prophylaxis complications include the selection of subpopulations of microorganisms with resistance to the antimicrobial; and
 - With the UKHSA outlining within the <u>information for patients with an absent or dysfunctional spleen</u> that "Most illnesses will be minor and can be dealt with as usual but sometimes a fever, sore throat, severe headache or abdominal pain may be the beginning of something more serious":
 - To reduce the risk of infection progressing into <u>sepsis</u>, etc., 'rescue' antimicrobial prescriptions can be considered with regard to outpatient management:
 - First line: co-amoxiclav 625 mg per oral 8 hourly plus amoxicillin 500 mg per oral 8 hourly.
 - Second line, if penicillin allergy: levofloxacin 500 mg per oral 12 hourly.
- <u>Sepsis</u> (a life threatening organ dysfunction caused by a dysregulated host immune response to infection) warrants inpatient management.

Appendix 3: nil by mouth

- If the patient is nil by mouth:
 - o If there is no extra indication for antimicrobial chemotherapy:
 - Phenoxymethylpenicillin per oral can be converted to benzylpenicillin intravenously.
 - Erythromycin per oral can be converted to clarithromycin intravenously.
 - If there is an extra indication for antibiotics:
 - Empiric intravenous antimicrobials with antipneumococcal activity include co-amoxiclav, piperacillin tazobactam, cefuroxime, ceftriaxone, meropenem, teicoplanin, vancomycin, daptomycin, clarithromycin, clindamycin, linezolid, cotrimoxazole, and levofloxacin.

Review: Dec 2026