Birth options referral pathway

University Hospitals of Derby and Burton NHS Foundation Trust

Eligibility criteria for booking consultant appointment (RDH: SXDNV)

- Maternal request for caesarean section with no clinical indication:
    - For second opinion
    - AND where there is no tocophobia (if there is tocophobia, refer to mental health guideline)
- Women with 1 previous section and:
    - BMI <40 (those ≥40 to be referred to bariatric clinic)
    - No medical/surgical comorbidities

Eligibility criteria for booking midwife appointment (RDH: SMWVB)

- All women who:
    - Wish to discuss individual birth plans
    - Wish a debrief of previous pregnancy
    - Are considered suitable for VBAC and:
        - Are considering VBAC
        - Are unsure of choice VBAC
        - Wish to discuss care in labour

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