

RDH COVID-19 PRONING/DE-PRONING CHECKLIST

1) Allocate team and roles

- Inform ICU consultant if difficulties expected
- Introductions and roles
- **Dr 1** – airway manager (most experienced)
- **Dr 2** – team leader (2nd airway Doc, drugs)
(Team leader can be doctor or most senior nurse – whoever is most able to lead the prone)
- **Runner** – reads the checklist out loud, supports the team, fetches extra kit
(Runner stays outside the room in visor, FFP3 mask, Gown, gloves. Extra kit must not be passed directly to a team member, but put on trolley or floor)
- **4-6 additional staff**
- **Chest drain in situ?**
Additional staff member required

2) Nursing tasks to be completed

- Daily nursing care (mouth care, suction, personal hygiene, document skin integrity)
- Stop NG feed + aspirate NGT
- Perform ABG
- All vascular accesses, drains and tubes should be identified and secured
- Ensure lengths of lines are appropriate length
- Disconnect unnecessary lines (NG Feed; TPN; suction)
- Ensure patient sedated adequately and paralysis started

3) Prepare equipment

- Nursing staff to prepare:**
- 3 pillows + pillowcases
 - Absorbent pad
 - Sheets x 2
 - Sliding sheet
 - ETT ties
 - Patient gown
 - ECG dots
 - Pressure relieving mattress
- Dr 1 to prepare:**
- Paralysing agent (unless started)
 - Airway Kit / Grab box
 - Intubating drugs
 - Emergency drugs
 - Airway plan in case of ETT dislodgement
 - Turn pt according to ventilator position:
Proning: Slide away, roll towards ventilator
De-proning: slide towards, roll away from ventilator

4) Prepare yourselves

- **Don PPE** as per current guidance for Aerosol Generating Procedures
- **Mask on first** – care with strap positioning
- If turning multiple patients, wear an **extra set of gloves and apron**. Change between patients
- Staff names on stickers
- **Buddy check**

5) Enter room

- Take all equipment +/- equipment trolley
- Runner to stay outside room with airway kit/drugs
- Runner to take Proning documents for all patients
- Dr 1 to confirm ETT, NGT length and grade of laryngoscopy